

2024

Linda's  
Walk

# Linda's Walk 15

A 5km Charity Walk for St. Clare Inn  
Saturday Sept. 28, 2024 @ 10 am  
Registration Form

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Registration Fee: \$25/Adult; \$15/Youth; 12 & under/Free

Payment: Cash: \_\_\_\_\_ Chq: \_\_\_\_\_ Credit: \_\_\_\_\_

## Waiver

In consideration of the acceptance of my application and the permission to enter as a participant in Linda's Walk, I hereby state I have conditioned myself to participate in this event. I, myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE, AND FOREVER DISCHARGE Linda's Walk, St. Clare Inn, Friends of St. Francis, Inc., The Franciscan Church of St. Bonaventure, and all other associations, sanctioning bodies and sponsoring companies, and elected and appointed officials, successors and assigns, OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor, or otherwise, whether prior to, during or subsequent to the event, AND NOTWITHSTANDING the same may have been contributed to or occasioned by the negligence of the aforesaid. I FURTHER HEREBY UNDERTAKE TO HOLD SAFE AND HARMLESS AND AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with, my participation in the said event.

Further, I hereby agree to periodic mailings both electronic and physical from St. Clare Inn (Charitable Re. # 88498 6910 RR0001) only. Personal information collected by St. Clare Inn and St. Bonaventure Church is for registration and results only, and will not be shared with other companies and organizations. Further I hereby grant full permission to any and all foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of the event for promotional purposes. BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD, AND AGREE TO THE ABOVE WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

\_\_\_\_\_  
Signature of Participant or  
Guardian if under 18.

\_\_\_\_\_  
Date





For more information or additional Pledge Forms – go to [www.stclareinn.org](http://www.stclareinn.org)  
 (Tax Receipts issued for donations of \$20 or more provided all name & address details are legible – please be sure to print clearly !)

Participant's Name	Page ____ of ____
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Sponsor Name	Street Address	Postal Code	Pledge Amount	Paid	Cash / Cheque <small>(please circle)</small>
					Cash
	e-mail:				Cheque
					Cash
	e-mail:				Cheque
					Cash
	e-mail:				Cheque
					Cash
	e-mail:				Cheque
					Cash
	e-mail:				Cheque
					Cash
	e-mail:				Cheque
					Cash
	e-mail:				Cheque
					Cash
	e-mail:				Cheque



Linda was a homeless and vulnerable middle-aged woman who lived much of her latter life in a bus shelter near St. Bonaventure Church in Toronto. The newspaper account of Linda's life and death became a catalyst for the creation of St. Clare Inn, in 2007.

St. Clare Inn is welcoming two-story residence for women who have been homeless and are dealing with mental health issues. The Inn, located in Toronto, offers a safe and stable drug and alcohol-free environment for women who are ready to begin to heal -- mind, body and spirit.

At St. Clare Inn women can heal and grow with external support from professional social services, in a compassionate and caring home-like setting. St. Clare Inn is a registered charity and was established by a group of professional laymen and women and Franciscan Friars known as the Friends of Saint Francis. Thank you for participating in this walk. With your help, all financial donations will be put to good use immediately to help our guests recover and re-build their lives.

**Fundraising Tips:**

**How to raise \$500.00 in a week:**

- Day 1: Ask three family members to sponsor you for \$25.00
- Day 2: Ask five friends to donate \$15.00
- Day 3: Ask five co-workers to sponsor you for \$10.00
- Day 4: Email 15 people and ask for a \$10.00 donation
- Day 5: Ask your company for a \$75.00 contribution
- Day 7: Ask three businesses you frequent for \$25.00

For more information - contact [www.stclareinn.org](http://www.stclareinn.org) or 416 690 0330



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